

David A. Spruill, Ph.D., LPC-S, LMFT-S

<p>Title Department Office Number Extension Email Address</p>	<p>Associate Professor Counselor Education Picard 232A 482-6414 david.spruill@louisiana.edu</p>
<p>Education</p>	<p>Ph.D., Counselor Education (marriage and family therapy), University of Florida Ed.S., Counselor Education (mental health counseling), University of Florida M.Ed., School Counseling, University of Central Florida B.A, Sociology, Florida Southern College</p>
<p>Teaching Philosophy</p>	<p>I try to bring a 'hands-on' real world perspective to my teaching, emphasizing not just knowledge, but application. I share my own clinical and career experiences as a way to insure a greater degree of relevance and meaning to course materials and experiential learning.</p> <p>I believe that I shouldn't ask students to do things I am not willing or able to do myself. I therefore maintain my own clinical relevance through private practice and my school counseling relevance through direct work in the schools. In my classes, I emphasize learning over grades, believing that if the learning is there, the grades will be there also.</p> <p>Finally, I try and bring passion and enthusiasm to all my work with students, to provide support and encouragement for successful goal achievement, and believe that learning can be both serious and fun!</p>
<p>Bio</p>	<p>Dr. Spruill (before he was Dr. Spruill) began working in the social services field in Florida after earning a B.A. in Sociology from Florida Southern College. He worked as a juvenile probation officer and a child abuse investigator for eight years. He earned a masters degree in school counseling at the University of Central Florida during this time, before becoming a Training Specialist and then a District Manager, supervising Intake and Protective Services offices in a 16 county area of central Florida.</p> <p>He then earned an Ed.S. and a Ph.D. at the University of Florida. His specialty is marriage and family therapy. Dr.</p>

	<p>Spruill has been a Licensed Marriage and Family Therapist since 1990 and a Licensed Professional Counselor since 1992.</p> <p>In 1990, Dr. Spruill accepted a faculty position in the Counselor Education program at LSU, where he taught Introduction to the Counseling Profession, Marriage and Family, School Counseling, Career Counseling, and Practicum courses for 16 years. After Katrina, he relocated to Ole Miss and expanded his work with school counseling, retraining the school counselors in 4 school districts in north Mississippi using the new models of school counseling. He also was successful in adding Advanced School Counseling and Consultation courses to the curriculum.</p> <p>Dr. Spruill returned to Louisiana in 2012, accepting a faculty position at the University of Louisiana at Lafayette. He coordinates the School Counseling program, teaches Introductory and Advanced School Counseling, Introductory and Advanced Couples, Marriage, and Family courses, as well as Practicum and Internship, Career Counseling, and Issues and Trends in School and Mental Health Counseling.</p> <p>Dr. Spruill is a Clinical Fellow of AAMFT, a past president of the Louisiana Counseling Association and the Louisiana Association for Counselor Education and Supervision, and past Secretary of the Mississippi Association for Marriage and Family Therapy. He is past Chair of the Louisiana Association for Marriage and Family Therapy and is a member of the AAMFT Family Team. He also serves as a mentor in the AAMFT Certificate of Leadership Program.</p> <p>Dr. Spruill is a Board Approved Supervisor for LMFT and LPC.</p> <p>Dr. Spruill is married to a retired teacher and has two grown children who are also teachers.</p>
<p>Courses Taught</p>	<p>COUN 502 Theories of Counseling COUN 510 Relationship, Marriage, and Family Counseling COUN 550 Advanced Relationship, Marriage, and Family Counseling COUN 503 Principles and Administration of School Counseling</p>

	<p>COUN 553 Advanced School Counseling COUN 539 Practicum COUN 540 Internship COUN 507 Lifestyle and Career Development COUN 526 Issues and Trends in School and Mental Health Counseling</p>
Research Interests	<p>Counselor training and development School counselor success predictors Leadership School climate</p>
Teaching Experience	<p>1990 - 2006, Louisiana State University, Assistant and Associate Professor 2006 - 2012, University of Mississippi, Associate Professor 2012 - present, University of Louisiana at Lafayette, Associate Professor</p>
Publications	
Presentations	<p>Spruill, D.A., LaSalle, J.L., Palmer, S.V. (September, 2021). <i>“They Don’t Teach Us What to Do”: Helping Counseling Students Move from “Technical” to “Tactical”</i> Louisiana Counseling Association Annual Conference, Virtual.</p> <p>Spruill, D.A. (April, 2021). <i>The Ethics of Motivation and Self-Care</i>. Acadiana LPC Group, Lafayette, LA.</p> <p>Spruill, D.A., et al. <i>A Panel on Ethics: Stories and Perspectives from Faculty</i>. Louisiana Association for Marriage and Family Therapy Annual Conference, Virtual.</p> <p>Spruill, D.A., McCaulley, T.D. (October, 2020). <i>Case Conceptualization: Collecting the Dots and Re-Connecting the Dots for Effective Counseling Practice</i>. Louisiana Counseling Association Annual Conference, Virtual.</p> <p>Spruill, D.A., McBride, M., deGravelles, C. Cloninger, A. (February, 2020). <i>A Way Forward: The Transformative Power of Musical Interventions in Mental Health</i>. Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.</p> <p>Spruill, D.A., Shalett, J., Cole, A., Cole, C., Brownell, H.</p>

(February, 2020). *Travelling Through the Decades: The History and Development of LAMFT*. Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

Spruill, D.A., Daspit, T., Kremer, M. (March, 2020). *Improving the Blank Page: "The Simple Truth" About the Power of Writing*. Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

Spruill, D.A. (March, 2020). *What is Supervision?* Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

Spruill, D.A. (May, 2019). *Connecting, Respecting, Caring: Reclaiming The Soul Of Education*. Fifth Annual K-12 Law Conference, Lafayette, LA.

Spruill, D.A., Touchet, L., & Daigle, H. (October, 2018). *Brand New School, Brand New Program: Building a Comprehensive School Program from the Ground Up*. Louisiana Counseling Association Annual Conference, Baton Rouge, LA.

Spruill, D.A., Hebert, S. (September, 2017). *Maximizing the School Counselor Intern Experience: What Supervisors and Interns Need to Know*. Louisiana Counseling Association Annual Conference, Baton Rouge, LA.

Spruill, D.A. (March, 2017). *Intentionality or Serendipity: Steps to Recognizing Therapeutic Success*. Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

Spruill, D.A., Reynaud, M., Frusha, V., Hale, D. (March, 2017). *Crazy Like A Fox?: Deconstructing Creative Interventions*. Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

Spruill, D.A., Guidry, L., Kyser, M., & Wiley, H. (March, 2017). *The Self of the Therapist: Understanding Our Role in the Change Process*. Acadiana LPC Group, Lafayette, LA.

Spruill, D.A. (January, 2017). *Integrating Career*

Counseling and the Stages of Change. Louisiana Career Development Association Annual Conference, Baton Rouge, LA.

Spruill, D.A., Benedik, K. (March, 2017). Serious Mental Illness Task Force Regional Government Relations Workshop, Lafayette, LA.

Spruill, D.A. (October, 2016). *Finding Meaning, Making Meaning: Resilience Along the Counselor Educator Career Continuum*. Southern Association for Counselor Education and Supervision Conference, New Orleans, LA.

Spruill, D.A. (September, 2016). *Slowing Down To Go Faster: Using Resistance Therapeutically*. Louisiana Counseling Association Annual Conference, Baton Rouge, LA.

Spruill, D.A., Hermann, K.M., Moore, B., & Ferguson, S. (February, 2016). *Resiliency, Rest, and the Rhythm of Life: Centering, Healing, and Coping skills*. Louisiana Association for Marriage and Family Therapy Annual Conference, New Orleans, LA.

Spruill, D.A., Hebert, S. (September, 2015). *Maximizing the School Counselor Intern Experience: What Supervisors and Interns Need to Know*. Louisiana Counseling Association Annual Conference, Baton Rouge, LA. (Winner of Best of Show)

Spruill, D.A. (September, 2015). *The Power of Presence: Rediscovering the Client and the Therapeutic Relationship*. Louisiana Counseling Association Annual Conference, Baton Rouge, LA.

Spruill, D.A. & Johnson, B. (February, 2015). *Risky Business: Reviving Therapeutic Creativity*. Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

Spruill, D.A., Hermann, K.M. (October, 2015). *Finding Meaning, Making Meaning: The Counselor Educator Career Continuum*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Grants	
Conferences Attended	American Association for Marriage and Family Therapy Annual Conference, 2018-2021 Louisiana Counseling Association Annual Conference, 2015-2021 Louisiana Association for Marriage and Family Therapy Annual Conference, 2015-2021
Professional Memberships	Clinical Fellow, American Association for Marriage and Family Therapy American Counseling Association American School Counselor Association Association for Counselor Education and Supervision Association for Creativity in Counseling Louisiana Counseling Association Louisiana Association for Counselor Education and Supervision Louisiana School Counselor Association
Awards	
Additional Skills	
Dissertation	"Lifestyle and Level of Family Functioning in Dual Career Families With Preschool Children"
Other Professional Experience	Private Clinical Practice Board Approved LPC Supervisor Board Approved LMFT Supervisor
Service	College of Education Dean's Search Committee College of Education Promotion and Tenure Review Committee College of Education Lab School Committee Past Chair, Louisiana Association for Marriage and Family Therapy Family Team Member, American Association for Marriage and Family Therapy Mentor, AAMFT Certificate of Leadership Program