

# University of Louisiana at Lafayette

## College of Education Faculty Curriculum Vitae Information

### CLAIRE M. FORET, PH.D.

Title Department Office Number Extension Email Address	Professor, CTRS (Certified Therapeutic Recreation Specialist) School of Kinesiology Bourgeois Hall 129 B 337-482-6462 cforet@louisiana.edu
Education	Ph.D., Therapeutic Recreation, Texas Woman's University; M.ED, Recreation/Leisure Education University of Georgia; BS, Health, Physical Education and Recreation University of Southwestern Louisiana  National Council for Therapeutic Recreation Certification (NCTRC), Professional Level, Certified Therapeutic Recreation Specialist (CTRS), 1984 to present.
Teaching Philosophy	I try to instill in my students to "keep moving and get involved" at both undergraduate and graduate levels- a lot more than a textbook can cover. I want my students to apply the theories I'm teaching them and put them into practice. I want them to grasp this information, then, go with it! I love seeing the transition from the lower level classes to the upper division classes. There is a saying about either being a help to a child down a life path or a stumbling block. I hope I provide stepping-stones to help children and students reach the heights they aspire to attain. And in turn, to do the same for the individuals who they will touch as teachers, coaches, therapists, professionals and parents.
Bio	Dr. Foret is a full professor in the School of Kinesiology. Prior to teaching at UL Lafayette, she taught for one year at Northwestern State University in Natchitoches, LA and for 17 years in Lafourche Parish as a secondary health and physical education teacher and coach at Central Lafourche High School and as an itinerant adapted physical education teacher in Raceland, Mathews and Lockport, Louisiana. She has taught and is teaching a variety of courses including therapeutic recreation, adapted physical education, recreation and leisure, outdoor and aging programming, and motor development/learning courses in the School of Kinesiology. She has been an active researcher and presenter with over 50 articles and 200 presentations. She serves on a variety of committees at the university, college, and department levels. She has been very active in all her professional organizations serving on national, regional and state organizations as officers and board members. She has received numerous awards for her service

	and work including the UL Lafayette Distinguished Professor as well as the Vesta Bourgeois Endowed Professor. She also serves on a variety of boards in the community and is involved in fundraising for these organizations. She is currently the graduate coordinator for the new Master of Science degree in Kinesiology.
Courses Taught	KNES 305, Motor Learning/Development KNES 306, Intro to Adapted Physical Education KNES 405G, Physical Education for Educationally Disabled KNES 406G, Physical Education for Chronically Disabled KNES 407G, Physical Education Curriculum for Individual's with Disabilities KNES 494G, Teaching Lifetime Sports II KNES 503, Motor Learning KNES 497/498; 597/598 Special and Guided projects KNES 600, Internship RCEA 310, Outdoor Recreation Programming RCEA 435G, Leisure and Aging
Advising	Undergraduate Students: 70 Graduate Students 40
Graduate Committees	MS in Kinesiology: Fall 2013-present Ryan Conway, Committee Chair Ron Wells, Committee Chair Nick Richard, Committee Member Kaitlyn Moody, Committee Member William Peagler, Committee Chair Krystal Chevis, Committee member Adam Hymel, committee member Dextra Sapp, committee member Nina Leblanc, committee member Alaina Sampson, committee member Tim Boyd, committee member
Research Interests	Fall Prevention in Older Adults; Therapeutic Recreation: Programming for Special Populations; Intergenerational Education; Obesity and Activity in Older Adults and Children
Teaching Experience	Lafourche Parish Schools-Secondary and Adapted Physical Education 1970-1987; University Teaching: Northwestern Louisiana University 1987-88; UL Lafayette 1988-present
Publications	Landry, J, <b>Foret, C.</b> , & Fournet, R. (2013). "Common Unity= Community, Obesity and Physical Activity Lifespan Interventions," Hawaii International Conference on Education, 2013 Published Proceeding, 1993-2007. (Refereed International Proceedings)

	<p>Espinosa, D. &amp; <b>Foret C.</b>, (2013). "Outdoor Education: The Bridge to Innovative, Interdisciplinary and Intergenerational Life Skill Development," Hawaii International Conference on Education, 2013 Published Proceedings, 1885-86. (Referred International abstract)</p> <p>Carter, M., &amp; <b>Foret, C.</b> (2011). The aging process. In Carter, M. &amp; Van Andel, G. in <u>Therapeutic recreation, a practical approach (4<sup>th</sup> ed.)</u>. Long Grove, IL: Waveland Press.</p> <p><b>Foret C.</b> &amp; Fournet, R. (2009). Project Fit. <i>Association of Gerontology in Higher Education Conference Proceedings</i>. (Refereed)</p> <p>Foret, C., Fournet, R., Nezey, i., &amp; Stuart R. (2009). "Fitness Through Intergenerational Teamwork: Promoting Healthy Futures through Intergenerational Education and Service Learning." <i>Association of Gerontology in Higher Education, Abstracts, 20A, 78</i>. (Refereed)</p>
Presentations	<p>Fournet, R., <b>Foret, C.</b>, &amp; Landry, J. (2013). "Common Unity= Community, Obesity and Physical Activity Lifespan Interventions," Hawaii International Conference on Education, Jan. 2013. (workshop)</p> <p>Espinosa, D. &amp; <b>Foret C.</b> (2013). Outdoor Education: The Bridge to Innovative, Interdisciplinary and Intergenerational Life Skill Development," Hawaii International Conference on Education, Jan. 2013. (Workshop)</p> <p>Espinosa, D., Boltinhouse, R. &amp; Foret, C. (2013). Outdoor Education: The Bridge to Innovative, Interdisciplinary and Intergenerational Life Skill Development." American Alliance for Health, Physical Education, Recreation and Dance National Convention, Charlotte, NC, April, 2013.</p> <p><b>Foret, C.</b> &amp; Espinosa, D. (2010). "Community Partnerships through Education." American Alliance for Health, Physical Education, Recreation and Dance National Convention, Indianapolis, IN, March, 2010.</p> <p>Fournet R., &amp; <b>Foret, C.</b> (2009). "Keep Boomers Boomerang: Team Up for Life." American Society on Aging/National Council on Aging National Convention, Las Vegas, NV, March 17, 2009.</p> <p><b>Foret, C</b> &amp; Fournet, R, (2009). "Project FIT," American Association of Gerontology in Higher Education National Convention, San Antonio, TX, March, 2009.</p> <p><b>Foret, C.</b>, Espinosa, D., Fournet, R., &amp; Gatch, W. "Old Age is Not for Sissies." American Alliance for Health, Physical Education, Recreation and Dance Convention, Tampa, FL April 2009. (3 hour workshop)</p>

	<p><b><u>State</u></b></p> <p>Jones, J., &amp; Foret, C. (2013). PARKS: Playground Assessment Relevant to Kids' Safety. LAHPERD, Baton Rouge, November, 2013.</p> <p><b>Foret, C.</b> "Community Partnerships through Education." Louisiana Recreation and park Association State Convention, New Iberia, LA, Jan 2011.</p> <p>Charles, J. &amp; <b>Foret, C.</b> St. Landry Parish Inservice for Physical Education Teachers, Eunice, LA Jan, 2011.</p> <p><b>Foret, C.</b> "Cognitive Stimulation" Alzheimer's Association Regional Meeting, Thibodaux, LA Jan 29, 2009. (Invited: Meeting for professionals, caregivers and individuals with Alzheimer's-100+ in attendance).</p>
Grants	<p>Fournet, R. , Foret, C., Bellar, D. (2013). ULL Walking Club. Faculty Development grant. Awarded Fall 2013, Total: \$750</p> <p>Foret, C &amp; Bryant C. Graduate School Recruitment Grant, Awarded Spring 2013. Total: \$750</p> <p>Foret, C. Graduate School Recruitment Grant, Awarded Fall 2013 Total: \$750</p>
Conferences Attended	<p>Hawaii International Conference on Education, 2013;  American Society on Aging/National Council on Aging; 2001-2011; Association of Gerontology in Higher Education (2009); National Parks and Recreation Association 1990-2011; American Alliance for Health, Physical Education, Recreation and Dance 1985-2013; Southern District Association for Health, Physical Education, Recreation and Dance (1985-2012); Louisiana Association for Health, Physical Education, Recreation and Dance; Louisiana Recreation and Parks Association (1985-2013)</p>
Professional Memberships	<p>American Leisure Academy, Fellow;  National Recreation and Parks Association  American Alliance for Health, Physical Education, Recreation and Dance (new name: SHAPE)  American Society on Aging  Louisiana Association for Health, Physical Education, Recreation and Dance</p>
Awards	<p>-Distinguished Professor Award, University of Louisiana, Lafayette  -Honor Awards: American Alliance for Health, Physical Education, Recreation and Dance (HPERD); American Association for Leisure and Recreation; Southern Association for (HPERD); Louisiana</p>

	<p>Association for HPERD  -Vesta Bourgeois Endowed Professorship Award, 1992-2010  Fellow, American Leisure Academy</p>
Additional Skills	<p>National Council for Therapeutic Recreation Certification (NCTRC), Professional Level, Certified Therapeutic Recreation Specialist (CTRS), 1984 to present.</p> <p>JOPERD Article reviewer</p> <p>Ronald E. McNair Achievement Program, Mentor</p>
Dissertation	<p>Life Satisfaction, Leisure Satisfaction and Leisure Participation among Young-old and Old-old with Rural and Urban Residence  Committee Chair: Jean Teague, Chair Department of Recreation, Texas Woman's University</p>
Other Professional Experience	<p>Louisiana State Fall Prevention Task Force, October, 2008-2012</p> <p>Adapted Physical Education Assessment Development team, Louisiana State Department of Education, 2007-2010.</p> <p>Textbook Reviewer, WCB/McGraw Hill Spring 2007, 2011, 2012  Reviewed Gallahue and Ozman's Motor Development Across the Lifespan.</p> <p>Ageing Expo, Lafayette, LA, November 2014-2005</p>
Service	<p>Director, UL Motor Clinic</p> <p>COE Selective Admission Committee</p> <p>Graduate Curriculum Review Committee Member</p> <p>COE Graduate Faculty committee</p> <p>Graduate Coordinator for School of Kinesiology</p> <p>KNES Graduate Faculty Committee, Chair</p> <p>KNES Advisory Committee</p> <p>Camp Bon Coeur Board of Directors monthly meetings, camp organization and fund raising</p> <p>Lafayette Foundation on Aging, President, Quarterly meetings, organization and fund raising</p> <p>Lafayette Council on Aging, Board of Directors Quarterly meetings, oversee operations for Lafayette Council on Aging</p> <p>Cajun Agency on Aging, Board of Directors, Oversee operations for 8 parish, regional councils on aging</p>